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For Immediate Release

CIGNA Awards Grant For Keep Hartford Healthy Program

Hartford, Connecticut (Feb. 26, 2016) — Cigna has awarded a \$15,000 grant to Hartford Public Library for a new program called Cigna Keeps Hartford Healthy.

The library will purchase bilingual health information and resources for its collections with a focus on prevention and treatment of nutrition, asthma, cancer, diabetes, heart disease, infant/child care, mental health, and pregnancy.

Included is EBSCO's Consumer Health Complete research database, which provides access to information in up to 17 languages, and allows on line searches through touch screens. The new health and wellness collections, resources and workshops, support Boundless, the new Hartford Public Library and Hartford Public Schools partnership. Both institutions are focused on achieving a "healthy mind in a healthy body" approach.

The library will create a health resources page on its website.

"Cigna's generosity will allow the Library to provide medical information in formats and languages that will empower families to make informed decisions about their health, a key factor for success in school and in the work place," says Mary Billings, Chief Public Services Officer of the Hartford Public Library.

Cigna Keeps Hartford Healthy supports as growing intersection of digital technologies and individual health management, and the opportunities for Hartford Public Library to provide both physical and digital access to meaningful health education for city residents.

About Hartford Public Library

As a finalist for the 2013 and 2014 National Medal from the Institute for Museum and Library Services, Hartford Public Library has been recognized as a national leader in redefining the urban public library in the 21st century as an innovative and stimulating place where people can learn and discover, explore their passions, and find a rich array of resources that contribute to a full life. Hartford Public Library provides free resources that inspire reading, guide learning, and

encourage individual exploration. Serving the residents of Hartford and beyond at its nine branches and Downtown location, Hartford Public Library receives more than 833,000 visits per year from adults, children and families seeking early literacy opportunities, work skills training, civic engagement, arts enrichment, and so much more. Visit www.hplct.org.